



Coach Carter (Left) & Andy Fensome of Preston North End FC (Right)

Coach Tommy Carter

As a collegiate player at Old Dominion University, Carter was a scholarship student athlete who finished his four-year career and won the Leadership Award in 1998. Carter graduated with a Bachelor's of Science in Kinesiology from ODU.

While still a student at ODU, Carter was capped four times in World Cup Qualifiers in the CONCACAF as a member of the National Team of Bermuda and the U-23 Olympic Team of Bermuda in 1995-2000. Carter also graduated from Academia de Tahuichi in Santa Cruz, Bolivia as the "Best Player" of the Program in 2000. Carter left Bolivia in 2000 and solidified his first professional contract with Luton Town Football Club in the English Second Division. Carter also had spells with Swansea FC, Bristol Rovers FC, and Colchester United FC.

From 2006-2008 Carter was short listed as a candidate for the Assistant Men's National Team Coach of the Virgin Islands and led his team through several World Cup Qualifiers in 2008.

Coach Carter also holds a master's degree from Norfolk State University in Education Administration. In addition to having his own technical academy, Coach Carter continues to do team coaching, and is currently the coach for the Beach FC U18 Reserves (Black Team), and the Head Coach for the varsity boys' soccer team at

SIGN MY CHILD UP!

CEFA offers year round training camps and private one-on-one lessons. Camps and lessons are held at various public and private schools around Hampton Roads, as well as the Virginia Beach Sportsplex.

If you are interested in signing your child up for one of our programs, we encourage you to contact us directly, or check our website for upcoming camps and opportunities.

Sign Up for e-Notifications

Get email notifications about upcoming training camps, and our annual Euro sign up here: www.CEFASTAR.com/mailling-list

QUESTIONS?

For easy registration, visit our website CEFASTAR.com. We accept payment through Paypal's secure website. Please contact us directly for alternative payment options.

www.CEFASTAR.com

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WE LOOK FORWARD TO HELPING YOUR CHILD ACHIEVE TECHNICAL EXCELLENCE FOR THEIR TEAM OR A COLLEGE SCOUTING OPPORTUNITY.



CEFA Soccer Programs

Carter's Elite Futbol Academy



DEVELOPING TECHNICAL ABILITY ONE PLAYER AT A TIME



"Whether you have a try-out coming up, are just looking for general development or have an important game on the horizon; My training programs will improve both your confidence and your game." - Coach Tommy Carter

www.CEFASTAR.com



Carter's Elite Futbol Academy of Hampton Roads

Private Lessons

CEFA's Individual training sessions are geared specifically for each student. We work together to target both the strengths and weakness of each player and ensure that when sessions are over, players leave self-assured that they have improved.



Knowledge and Experience

CEFA coaches build each training session in order to produce results. Our coaching staff has the experience playing at the college and professional level, we are able to conduct drills that work to improve touch, trapping, passing, shooting, dribbling and speed.

Everybody learns and develops differently, and therefore everyone with the right kind of technique can improve his or her technical abilities. Each training session is customized for individual needs. Unless skills are perfected, a player's confidence, speed of play, tactics and their ability to impact the game will suffer. CEFA's private and group training programs will accelerate player performance.

Training Camps

CEFA's training camps are designed to keep players sharp during and after the season, and to help them improve upon their technical skills. Camps are designed to work on ball mastery.



CEFA Training Camp at VB Sportsplex

Visit CEFASTAR.com for more information on upcoming camps offered every the spring, summer, fall, and winter!

Exclusive Euro Tours



CEFA EURO TOUR 2015

CEFA travels to Europe on an annual basis to train with and play games against a selection of youth professional clubs in England and Spain.

Previous opponents include: Liverpool FC, AFC Wimbledon, Preston North End, Nomads FC, Glebe FC, Sunderland, Chelsea, Manchester United, and Blackburn Rovers. This is a fantastic once in a life time opportunity for players to gain experience playing against the best youth players the European league has to offer on multi-million dollar, state-of-the-art training facilities.

Visit CEFASTAR.com for more information on our next Euro tour!

